

Lessening Restrictions – Phase II

We would like to introduce the next phase of lessening restrictions, in an effort to promote mental health and well-being for the people we support.

Guidelines for going for a drive in a Community Living Guelph Wellington vehicle.

Working collaboratively, the Direct Support Professional, the Person We Support, and Supervisor will plan drives, according to staffing resources and the needs of the people supported.

The drive for each PWS will be up to 1.5 -2 hours in length, a maximum of 2 times per week. The drive will occur within your home community, and not out of town.

What activities are permitted during a drive?

- ✓ Trails and parks if physical distancing can be adhered to and masks are kept on.
- ✓ Planned drive by to a family/friend's house. The person in the house must remain 6 feet away from the vehicle and the people in the vehicle must not get out.
- ✓ Drive-thru restaurants. Take your food/drinks to a location where you can safely doff your mask, and maintain good physical distance while enjoying your meal (to a park, or home).
- ✗ No malls/retail stores, dollar stores, restaurants (patios), or grocery stores at this time until further notice.

1. Preparing the Vehicle

- Please see attached updated [Passenger Vehicle Disinfecting Protocol](#). (SA04c)

2. Preparing for the drive

- One DSP and one PWS per drive.
- Masks: The DSP and the PWS must wear a mask when in the vehicle. Explain to the PWS the importance of wearing a mask in order to go for the drive. Sometimes a PWS cannot tolerate wearing a mask. They may still go for a drive, however, please have a conversation with your supervisor to ensure all options have been explored.
- Explain to the PWS that they will be required to sit in the back of vehicle to ensure as much physical distance is between them and the driver.

3. During the drive

- Ensure windows are down to allow for fresh air. Please reschedule on inclement weather days.