

# Lessening Restrictions – Phase 3

Community Living Guelph Wellington is taking steps to lessen COVID-19 restrictions for the people we support, their families and our staff.

These steps will come in phases. Each phase will be reviewed by Wellington-Dufferin-Guelph Public Health, before putting into action, in an effort to ensure good health and safety for all involved.

In Phase 1, we released guidelines to support pre-arranged, scheduled, outdoor family visits. These visits began as of June 18, 2020.

In Phase 2, we released guidelines for going for a drive in a Community Living Guelph Wellington Vehicle. Drives began as of July 3, 2020.

In Phase 3, we will be focusing on guidelines for banking, haircuts and foot care. These activities can begin again as of July 9, 2020.

## Guidelines for Banking, Haircuts and Foot Care

For the People We support to safely resume these activities, it will be important to educate about the use of masks, as well as following proper hand hygiene routine before and after going to the bank, going to get their hair cut and receiving foot care. Please consider using a social story to help with this education.

Please note that it is currently mandatory to wear masks when visiting establishments in Guelph and Wellington County. This will need to be kept in mind for PWS who may not tolerate wearing a mask.

#### Banking

- Staff will ensure they follow the vehicle disinfecting protocol before and after the trip to the bank.
- Staff will ensure they follow guidelines for drives, which allows for one person we support at a time, and requires masks and social distancing while in the vehicle.
- Staff will remind and support the PWS to follow all guidelines as set out by the banking
  institution, upon arrival at the bank. Please be aware and educate the PWS about these
  guidelines prior to the trip.
- Once leaving the bank, please make sure that you and the PWS use hand sanitizer provided in the vehicle.
- Once at home, please ensure that you and the PWS are following proper handwashing routine



#### Haircuts

- Staff will ensure that they follow the vehicle disinfecting protocol before and after the trip to the hair salon or barber.
- Staff will ensure they follow guidelines for drives, which allows for one person we support at a time, and requires masks and social distancing while in the vehicle.
- If staff support is needed, please inform the salon or barber when booking the appointment they may have a one person policy.
- Once at the hair salon or barber, please remind and support the PWS to ensure that all
  guidelines are followed, as set out by the hair salon or barber. Be aware and educate
  the PWS about these guidelines prior to the trip.
- Once leaving the hair salon or barber, please make sure that you and the PWS use hand sanitizer provided in the vehicle
- Once at home, please ensure that you and the PWS are following proper handwashing routine

### Foot Care (Does not include pedicures at a salon/spa)

- Staff will ensure that they follow the vehicle disinfecting protocol before and after the trip to the Podiatrist/Foot Care Nurse/Specialist.
- Staff will ensure they follow guidelines for drives, which allows for one person we support at a time, and requires masks and social distancing while in the vehicle.
- Please remind and support the PWS to follow all guidelines as set out by the foot care clinic, upon arrival at the appointment. Be aware and educate the PWS about these guidelines prior to the trip.
- If foot care is provided in residence:
  - Follow the Essential Visitors Guidelines, including screening and mask requirements
  - Foot care to be provided in the PWS bedroom or designated area within the home
  - > PWS to wear a mask if tolerated
  - Foot care nurse/specialist to wear needed PPE (please inform the nurse/specialist prior to the visit that they will be required to supply their own PPE)