

In case of injury or illness at work



1

Get medical help

Your employer is responsible for providing first aid. See a doctor or go to a hospital if you need treatment. Your employer pays for your transportation.



2

Document

Tell your employer about your injury or illness. They investigate and keep a record of what happened.



3

Report to **RBC Insurance**

Employee must tell us within three days if any injury or illness happens. You can report by submitting **RBC Disability Claim Form- Located on your Health & Safety Board**



4

Work together

We work with you and your employer to help you recover and return to work safely, at the right time.

Questions? We're here to help.

Call us at **1-855-264-2174**

For details visit **www.rbcinsurance.com**

RBC
Ontario